

Immediate Release

Contact:

Hiran Ratnayake

(302) 327-3327

hkratnayake@christianacare.org

Christiana Care’s Trauma Leaders Will Host “Mocktail” Event to Encourage Safe Choices during the Holiday Season

Visitors will learn how to make Mocktail Drinks and how difficult Impaired Movement is by Wearing “Drunk Goggles”

(WILMINGTON, Del. – Dec. 15, 2017) [Christiana Care Health System](http://christianacare.org)’s Trauma Program will host a holiday “Mocktail” on Tuesday, Dec. 19th from 11 a.m. to 1 p.m. at the Overlook Café at Wilmington Hospital.

With the surge in parties – and increased alcohol consumption – during the holiday season, Christiana Care created the annual “Mocktail” as a fun way to remind people about the dangers of drunk driving.

During December of last year, 781 people died in drunk driving crashes, according to the U.S. National Highway Traffic Safety Administration, which is the federal agency responsible for motor vehicle and highway transportation safety standards and regulations.

“The holiday season is a time when we all look forward to getting together with loved ones, but it’s also when we should stay fully aware of the consequences of drunk driving,” said Jaime Cesar Giraldo Arango, M.D., medical director of Christiana Care’s Wilmington Hospital Trauma Program. “We hope our annual Mocktails encourage people to make safe choices during this time of year so we can save more lives from this very preventable problem.”



The event features Mocktail (non-alcoholic drink) recipes and a “Driving Simulator” machine in which users can experience the consequences of impaired driving.

[Click to view sample video](#)



In addition, City of Wilmington Police will be at the event to assist with special glasses known as “Drunk Goggles” that help users experience how difficult it is to travel while intoxicated.

Click to view sample video

The annual Mocktail is one of several injury prevention initiatives offered by Christiana Care’s Trauma Program as a way to reduce injuries in the local community. Featuring the only Level I trauma center for both adults and children in Delaware at Christiana Hospital, Christiana Care’s trauma program educates the public on how to avoid injury. Other Christiana Care injury-prevention programs include trauma’s nationally-recognized violence prevention program known as You Only Live Once (YOLO); ThinkFirst for Teens which focuses on preventing car crashes; and “A Matter of Balance”, which educates seniors on how to prevent falls.

Journalists who are interested can contact Christiana Care Senior Manager of Media Relations Hiran Ratnayake at (302) 327-3327 or hkratnayake@christianacare.org.

About Christiana Care Health System

Christiana Care Health System is one of the country’s largest health care systems, ranking as the 22nd leading hospital in the nation and 11th on the East Coast in terms of admissions. The health system includes The Medical Group of Christiana Care, a network of primary care physicians, medical and surgical specialists as well as home health care, preventive medicine, rehabilitation services and patient/family advisors for core health care services. A not-for-profit teaching hospital affiliated with Sidney Kimmel Medical College at Thomas Jefferson University, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services. Christiana Care has an extensive range of outpatient services and works closely with its medical staff to achieve better health, better access to care and lower cost. Christiana Care is home to Delaware's only Level I trauma center, the highest capability center and the only one of its kind between Philadelphia and Baltimore. Christiana Care features a Level III neonatal intensive care unit, the only delivering hospital in Delaware that offers this highest level of care to the most critically ill newborns. Christiana Care includes two hospitals with 1,100 patient beds.

For more information about Christiana Care, visit www.christianacare.org/howeare

####