

Immediate Release

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NASA Research Scientist Highlights 10th Annual Delaware Orthopaedic Symposium

WHAT: The 10th Annual Delaware Orthopaedic Symposium

WHEN: Saturday, Oct. 28th from 7:30 a.m. to 12:30 p.m.

WHERE: Christiana Hospital's John H. Ammon Medical Education Center at 4755 Ogletown-Stanton Rd., Newark, Del.

WHO: Tara Melaine Ruttley, Associate Program Scientist for the International Space Station at NASA's Johnson Space Center in Houston, Texas.

WHY: Dr. Ruttley of NASA will share the unique insights that scientists glean in outerspace from medical research on astronauts and how those findings are being leveraged to someday improve the bone health of patients on Earth. The physical universe beyond the Earth's atmosphere, which features microgravity, creates an ideal laboratory for medical research.

About 40 million Americans have osteoporosis, according to the U.S. National Institutes of Health.

Journalists who would like to interview Dr. Ruttley or attend this symposium can contact Christiana Care's Senior Manager of Media Relations Hiran Ratnayake at (302) 327-3327 or hratnayake@christianacare.org.

About Christiana Care Health System

Christiana Care Health System is one of the country's largest health care systems, ranking as the 22nd leading hospital in the nation and 11th on the East Coast in terms of admissions. The health system includes The Medical Group of Christiana Care, a network of primary care physicians, medical and surgical specialists as well as home health care, preventive medicine, rehabilitation services and patient/family advisors for core health care services. A not-for-profit teaching hospital affiliated with Sidney Kimmel Medical College at Thomas Jefferson University, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and

women's health services. Christiana Care has an extensive range of outpatient services and works closely with its medical staff to achieve better health, better access to care and lower cost. Christiana Care is home to Delaware's only Level I trauma center, the highest capability center and the only one of its kind between Philadelphia and Baltimore. Christiana Care features a Level III neonatal intensive care unit, the only delivering hospital in Delaware that offers this highest level of care to the most critically ill newborns. Christiana Care includes two hospitals with 1,100 patient beds.

For more information about Christiana Care, visit www.christianacare.org/howeare

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